

ADOPT

NEWSLETTER

August 2006 to December 2006

1. **Supported the Heart Surgery** of nine patients from Uttaranchal, West Bengal, Assam, New Delhi and Srinagar at MAX Devki Devi Heart & Vascular Institute by Dr. Anil Bhan, Director of Cardiology. In less than 2 years ADOPT has sponsored the Heart Surgery of 51 underprivileged patients.
 - i. Neelam – 26 yrs – Uttaranchal
 - ii. Samrina Nabi – 6 yrs – J & K
 - iii. Nirmal K.Das – 74yrs – West Bengal
 - iv. Anurag – 1 yr - New Delhi
 - v. Pinky Mandal – 13 yrs - West Bengal
 - vi. Bhagirath Pathak – 60 yrs – New Delhi
 - vii. Shakir Mustaq – 3 yrs - J & K
 - viii. Nadira Naz - 2 yrs - Assam
 - ix. Krishna – 2 months – New Delhi
2. ADOPT donated money for buying a portable Echo Machine for Dr. Anil Bhan & his team to be used for Free Medical Camps. ADOPT also from time to time donates towards the purchase of consumables & life saving medicines required during Hear Surgery.
3. ADOPT wrote and requested Medtronic USA – Manufacturers of Heart Valves for Free Heart Valves, for implantation in underprivileged children. Medtronic donated 10 Heart Valves.
4. Some of our Heart Patients (those who have gone through Valve Replacement Surgery) need to take Penidura Injection every 21 days. Wyeth India Ltd manufactures this injection. And for the last several months this injection is not available in any medical store all over India. We have written to Wyeth India, Bombay requesting for some urgent emergency supply of Penidura Injection.
5. ADOPT constructed 100 more toilets in 15 villages of Western Dehradun under **Project SUVIDHA** sponsored by Rotary International, Rotary Richland & Rotary Club of Delhi South End. So far 324 toilets have been built under this banner.
6. Another 26 Toilets are being constructed at village Purkul under the same banner.
7. We have started the construction of 300 Toilets with bathing space especially for Schedule Caste families of the Sahaspur & Vikas Nagar Blocks of Dehradun District. The Department of Social Welfare, Government of Uttaranchal under the Special Component Plan is sponsoring this Project. So far we have built 213 toilets.
8. The District Welfare Officer Shri N.K.Sharma, Additional District Welfare Officers of the Sahaspur & Vikas Nagar Blocks, inspected the toilets.

9. Chharba Inter College organized an inter school sports meet in September. ADOPT helped the school by Leveling its playground. We took the help of local tractors and labour to do the job. It took us 2 days to get the playground leveled.
10. ADOPT Chairman Shri Kedar Nath Banerjee visited Toronto, Canada from 14th to 24th September on invitation from Jeanette Singh, Director of Three Rivers Kids Foundation, Toronto to speak and reach out to the people at the Fund Raising Programme. This foundation sponsors Heart Surgery of children from Guyana, South America.
11. Seven children from Guyana came to New Delhi on 30th October 2006. ADOPT received them at the Airport and the children were directly taken to MAX Devki Devi Heart & Vascular Institute and admitted for Surgery. Jeanette Singh & Dr. Rubina Khan accompanied these children. ADOPT sponsored the transportation, boarding & lodging of these children at the Durga Bari Guest House, Greater Kailash to recuperate after surgery. These children stayed here for 11 days and went back to Guyana on the 17th of November after stitch removal and thorough check up. All the children went back home with good memories about India and are doing fine.
12. Shakir son of Shakeel of Nawabgarh village in the Vikas Nagar Block of Dehradun is suffering from acute renal failure and requires urgent kidney transplant surgery. He also requires regular dialysis. ADOPT met H.E. Shri Sudarshan Agarwal the honourable Governor of Uttaranchal and discussed about Shakir's treatment. Through the intervention of the Raj Bhawan, Shakir now gets free dialysis at the Doon Hospital in Dehradun. We had sponsored the Heart Surgery of his mother Waheeda Khaton last year in October 2005.
13. 8 year old Sadika daughter of Noor who is a mason working on our projects is a case of juvenile diabetes. She has to daily take insulin injections and we are taking care of her medicines and special diet. Sushil Maity our Executive Trustee regularly checks and monitors her sugar level with an instrument donated to ADOPT by Dr. Anubha Ghosh.
14. Sakshi Agarwal of Dehradun - a 1st Year student of Engineering at Roorkee Engineering College had to cut short her studies just after one month of her admission. She had persistent fever and was diagnosed as a case of end stage renal failure. She went through kidney transplantation surgery at Batra Hospital, New Delhi – her mother was the donor. Her father has a small grocery shop in Dehradun and had spent an amount of about Rs. 15,00,000 for Sakshi's surgery and follow up treatment. The Engineering College was not refunding the amount paid by Sakshi during her admission. ADOPT intervened and coordinated with the authorities and the whole amount deposited during her admission was refunded. Sakshi urgently requires support to buy life saving drugs like Sandimune & Siramus. Ever month it costs her family Rs. 21,000 for her medicines.
15. Women constitute 50% of the population and are the backbone of the family. Although they are burdened with enormous responsibilities, their problems are generally ignored and left unaddressed. They face drudgery in walking long

distances in searching, selecting, collecting and carrying fuel wood from the forest, exposure to smoke in the kitchen and time consumed for cleaning blackened utensils. Relief could be brought to these women by introducing suitable appropriate technologies to reduce time and energy spent on gender specified tasks. **Biogas Technology will not only save women's drudgery by providing healthy and hygienic conditions as well as save trees by reducing consumption of fuel wood.**

16. Our Project Proposal " An Alternate Cooking Fuel for the Rural Women" to provide biogas plant (60 nos.) facilities to reduce the hardships & drudgery of rural women has been approved. We have received the first installment of payment and have started work on the Project with technical support from Grassroots organization. As per the UWCDs (Uttaranchal Women & Child Development Society), Government of Uttaranchal direction, we have to build 20 Biogas Plants for women belonging to the Minority Community. We also have to build 6 Biogas Plants in 6 different villages of the Tehri, Nainital & Almora districts.
17. Bhanu Prakash from village Chharba is in 2nd year of B. Sc. Physics Honours at Hansraj College, Delhi. Since he is staying in the hostel his yearly fees is about Rs. 30,000 plus. We have been able to generate Rs. 10,000 and we require the balance amount urgently.
18. Scholarship has been given to Umed Khan, son of Suleman Ali of Kedarawala village of Vikas Nagar block. He is studying in 2nd Year of Civil Engineering at the Government Polytechnic, Dehradun.
19. We visited Suleman's house and there we met his two sisters called Sahana & Sahada, aged 26 years & 20 years. Both the girls are physically handicapped. The elder one is paralyzed waist below and the younger one thigh below. One was buried under a landslide and the other fell from a tree. They were taken to a special Camp organized by the Jaipur Limbs at Rishikesh. Both the girls were given mobility appliances which when fitted to their bodies help them to get up and walk without help.
20. ADOPT donated a wheel chair to Sahana. It was heart warming to see her coming out of her room to see us off at the lane behind their house.
21. We also took the Additional District Welfare Officer of the Vikas Nagar Block to these girls house. He saw their condition and has assured that Sahana & Sahada will get a monthly handicapped pension of Rs. 400 each from the Department of Social Welfare, Uttaranchal.
22. The ADO of Vikas Nagar Block took us to the house of a family living at Bairagiwala village, Vikas Nagar, Dehradun, where all the four sons are mentally and physically handicapped - Sanjay, Kanta, Ashu & Vineet - in the age group of 14 to 29 years. Their father Ansuya Prasad is a truck driver. The mother Kamla Devi single handedly takes care of these boys. These children are living in appalling conditions. They do not have any water connection at home and the mother has to cross a busy National Highway everyday to get water. The house is on a main road and the traffic is very heavy and fast

moving. The mother says that she is very scared that one day some vehicle might knock her down. This family requires urgent help.

23. ADOPT is building 10 Toilets with bathing space for BPL (Below Poverty Line) families of its Project area. TEXTRON Global Technology of U.S.A sponsors these toilets.
24. ADOPT's Project Proposal to Netherlands Embassy – “ Heart Surgery of Underprivileged Children” has been accepted. The sanction amount is for the Heart Surgery of 12 children. We will be starting this Project from January 2007 with Free Heart Check Up Camp on 13th January 2007 at the ADOPT Medical Center in village Chharba.
25. ADOPT's KSY (Kishori Shakti Yojana) Project for the year 2006 – 2007 is on and 20 adolescent girls who are school drop outs are being trained and this intervention is focusing on their self development, nutrition, health, education, literacy and recreational skill formation.
26. ADOPT Vocational Training Center in village Chharba is giving training to the rural youth in various aspects of Computers & Information Technology. We feel that without progress towards the empowerment of women, any attempt to raise the quality of life of underprivileged people would be incomplete. Technological knowledge is the fundamental resource of all economic and development activities of which women should have an equal part. ICT has the potential to reach women and empower them to make informed decisions. We are teaching Computers to all the adolescent girls registered in the KSY Project.
27. We attended the Work Shop organized by the UWCDs for training on Base Line Survey for all the organizations working on Projects sponsored by the IMSVY of the Department of Social Welfare, Uttaranchal.
28. We visited Mallawala, Aamwala & Bhoor villages situated in the hilly terrains of the Doon valley. These villages are mostly have 100% schedule caste families. The area is very beautiful but the basic facilities are yet to reach these areas. ADOPT has built several toilets in this area.
29. We will be organizing a Free Heart Check Up Camp at village Chharba on 13th January 2007. Everyone is welcome to join in to make the camp a success.